



At REAL, we encourage you to try one of our combinations or to create your own

Everything is made to order which gives you a little extra time to relax and connect.  
Meals are designed for sharing.

## Pizza

### Our Combinations

- Mrs Pumpkin** – Pumpkin, Sundried Tomato, Mushroom, Mozzarella, Pesto, Fetta (V) L \$30 M \$26
- Red Hot Momma** – Chilli, Pumpkin, Mozzarella, Chicken, Pineapple, Capsicum, Onion, Jalapenos L \$34 M \$28
- El-Scorcho** – Garlic, Napoli, Chilli flakes, Olives, Mozzarella, Salami, Tomato, Oregano, Pepper, Jalapenos L \$30 M \$26
- Chicarni** – Napoli, Spinach, Mozzarella, Mushrooms, Chicken, Salami, Bacon L \$30 M \$26
- Plant Pilates** – Quinoa base, Zucchini relish, Spinach, Beetroot, Pickled Beans, Sunflower seeds, Hummus (vegan) L \$30 M \$26
- The Mediterranean** – Napoli, Garlic, Mozzarella, Chorizo, Tomato, Olives, Capsicum, Celery, Onion, Fetta, Herbs L \$34 M \$28

### Create Your Own Pizza

<b>BASE:</b> Wheat   Quinoa   GF		<b>SIZE:</b> M   L	<b>CHEESE:</b> Mozzarella   Fetta   Parmesan	
<b>ADDITIVES:</b>  Garlic  Dried Herbs  Chilli Flakes  Hummus  Cumin  Pesto  Walnuts  Sunflower  Seeds  Mustard	<b>FRESH:</b>  Onion            Tomato  Cauliflower    Potato  Egg              Beetroot  Pumpkin        Spinach  Capsicum       Broccoli  Mushrooms    Celery  Zucchini        Cucumber		<b>SAUCE:</b> Napoli   Pesto BBQ   Pumpkin   Zucchini	
			<b>MEATS:</b>  Chicken                      Prawns  Beef Meatballs Chorizo  Anchovies                  Shaved Ham  Mild Salami                Bacon  Fish (Flake)	
			<b>PRESERVATIVES:</b>  Pickled Beans   Pear   Jalapeno   Pineapple   Olives  Sundried Tomato   Capers	

Minimalist Pizza | M \$22.00 | L \$24.00

Four Ingredient Pizza | M \$26.00 | L \$30.00

Plentiful Pizza | M \$28.00 | L \$34.00

*The Price category is determined by the number of circled ingredients from the green headed boxes.*



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<b>ADDITIVES:</b>  Garlic  Dried Herbs  Chilli Flakes  Hummus  Cumin  Pesto  Walnuts  Sunflower  Seeds  Mustard	<b>FRESH:</b>  Onion                  Tomato  Cauliflower      Potato  Egg                  Beetroot  Pumpkin            Spinach  Capsicum          Broccoli  Mushrooms      Celery  Zucchini            Cucumber		<b>SAUCE:</b> Napoli   Pesto BBQ   Pumpkin   Zucchini	
			<b>MEATS:</b>  Chicken                  Prawns  Beef Meatballs Chorizo  Anchovies              Shaved Ham  Mild Salami            Bacon  Fish (Flake)	
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# Pasta

## Our Combinations

- Carbonara** – Mushrooms, Garlic and Bacon in a creamy egg and parmesan sauce \$28
- Meatballs** – Herbed beef meatballs in a chunky Tomato sauce \$28
- Limone** – Fried Broccoli and Mushrooms w/ Garlic & Lemon zest in parmesan sauce, sprinkled w/ toasted Breadcrumbs (v) \$28
- Saltine** – Fish, Carrots, Cauliflower, Onion and Parsley in a creamy mustard sauce \$34
- The 4 C's** – Chorizo, Cauliflower, Tomato, Cinnamon and Chilli in a Tomato sauce \$34
- Amatriciana** – Garlic, Bacon, Mushrooms, Onion and Salami in a wine and Tomato sauce \$34

## Create your own pasta

<b>PASTA:</b> San Remo Spaghetti   Chickpea Linguini GF   Otway Pasta Torchio		<b>SAUCE:</b> Napoli   Pesto   Zucchini   Pumpkin   Butter   Oil   Wine   Creamy	
<b>ADDITIVES:</b> Garlic Herbs Chilli Flakes Hummus Cumin Cinnamon Mustard Lemon	<b>FRESH:</b> Onion      Cauliflower Potato      Pumpkin Capsicum      Tomato Mushrooms      Egg Beetroot      Spinach Carrot      Broccoli Celery      Zucchini Cucumber		<b>CHEESE:</b> Mozzarella   Fetta   Parmesan
	<b>MEATS:</b> Anchovies Chicken      Chorizo Prawns      Shaved Ham Bacon      Mild Salami Beef Meatballs      Fish (Flake)		
	<b>PRESERVATIVES:</b> Pickled Beans   Capers   Olives   Jalapeno   Sundried Tomatoes		

**Minimalist Pasta** \$24.00  
**Four Ingredient Pasta** \$28.00  
**Plentiful Pasta** \$34.00  
Half Serves Available for Children

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# Salads

- Warm Lentil Salad** – Puy lentils w/ roasted Cauliflower and Tomatoes, fresh Onion & Parsley drizzled with Olive oil  
(Vegan | GF) \$22.00
- Garden Salad** – A mix of seasonal ingredients including; (but not limited to) tomato, carrot, celery, cucumber, lettuce, spinach, onion, dressed with a little olive oil, salt and pepper.  
(Vegan | GF) \$18.00

## See our specials board for Seasonal Salads

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