At REAL, we encourage you to try one of our combinations or to create your own

## Pizza

Our Combinations
Mrs Pumpkin - Pumpkin, Sundried Tomato, Mushroom, Mozzarella, Pesto, Fetta (V)

Red Hot Momma - Chilli, Pumpkin, Mozzarella, Chicken, Pineapple, Capsicum, Onion, Jalapenos

El-Scorcho - Garlic, Napoli, Chilli flakes, Olives, Mozzarella, Salami, Tomato, Oregano, Pepper, Jalapenos

Chicarni - Napoli, Spinach, Mozzarella, Mushrooms, Chicken, Salami, Bacon
Plant Pilates - Quinoa base, Zucchini relish, Spinach, Beetroot, Pickled Beans, Sunflower seeds, Hummus (vegan)

The Mediterranean - Napoli, Garlic, Mozzarella, Chorizo, Tomato, Olives, Capsicum, Celery, Onion, Fetta, Herbs

Create Your Own Pizza
BASE: Wheat | Quinoa | GF
SIZE: M | L
CHEESE: Mozzarella | Fetta | Parmesan

| ADDITIVES: |
| :--- |
| Garlic |
| Dried Herbs |
| Chilli Flakes |
| Hummus |
| Cumin |
| Pesto |
| Walnuts |
| Sunflower |
| Seeds |
| Mustard |


| FRESH: Onion | Tomato | SAUCE: Napoli \| Pesto BBQ | Pumpkin | Zucchini |
| :---: | :---: | :---: |
| Cauliflower | Potato | MEATS: |
| Egg | Beetroot | Chicken Prawns |
| Pumpkin | Spinach | Beef Meatballs Chorizo |
| Capsicum | Broccoli | Anchovies Shaved Ham |
| Mushrooms | Celery | Mild Salami Bacon |
| Zucchini | Cucumber | Fish (Flake) |

## PRESERVATIVES:

Pickled Beans | Pear | Jalapeno | Pineapple | Olives Sundried Tomato | Capers

Minimalist Pizza | M $\$ 22.00$ | L $\$ 24.00$
Four Ingredient Pizza | M \$26.00 | L \$30.00
Plentiful Pizza | M \$28.00 | L \$34.00

## Pasta

## Our Combinalions

Carbonara - Mushrooms, Garlic and Bacon in a creamy egg and parmesan sauce
Meatballs - Herbed beef meatballs in a chunky Tomato sauce
Limone - Fried Broccoli and Mushrooms w/ Garlic \& Lemon zest in parmesan sauce, sprinkled w/ toasted Breadcrumbs (v)
Saltine - Fish, Carrots, Onion and Parsley in a creamy mustard sauce
The 4 C's - Chorizo, Cauliflower, Tomato, Cinnamon and Chilli in a Tomato sauce
Amatriciana - Bacon, Mushrooms, Onion and Salami in a wine and Tomato sauce

## Create your own pasta

| PASTA: San Remo Spaghetti \| Chickpea Linguini GF | Otway Pasta Torchio |  | SAUCE: Napoli \| Pesto | Zucchini | Pumpkin | Butter | Oil | Wine | Creamy |  |
| :---: | :---: | :---: | :---: |
| ADDITIVES: <br> Garlic <br> Herbs <br> Chilli Flakes <br> Hummus <br> Cumin <br> Cinnamon <br> Mustard <br> Lemon | FRESH: <br> Onion <br> PotatoCauliflower <br> Pumpkin$\quad$CHEESE: Mozzarella \| Fetta <br> $\mid$ |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  | Capsicum Tomato |  |  |
|  | Mushrooms Egg | MEATS: | Anchovies |
|  | Beetroot Spinach | Chicken | Chorizo |
|  | Carrot Broccoli | Prawns | Shaved Ham |
|  | Celery Zucchini | Bacon | Mild Salami |
|  | Cucumber | Beef Meatballs | Fish (Flake) |
|  | PRESERVATIVES: Pickled Beans \| Capers | Olives <br> \| Jalapeno | Sundried Tomatoes |  |  |

Minimalist Pasta \$24.00
Four Ingredient Pasta $\$ 28.00$
Plentiful Pasta \$34.00

## Half Serves Available for Children

## Salads

Warm Lentil Salad

Garden Salad

- Puy lentils w/ roasted Cauliflower and Tomatoes, fresh Onion \& Parsley drizzled with Olive oil
(Vegan | GF) \$22.00
- A mix of seasonal ingredients including; (but not limited to) tomato, carrot, celery, cucumber, lettuce, spinach, onion, dressed with a little olive oil, salt and pepper.
(Vegan
GF) $\$ 22.00$


## See our specials board for Seasonal Salads

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